



# **"The River Cities Running Board"**



RIVER CITIES MODEL "A" FORD CLUB

<http://rivercitiesrunningboard.com>

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**VOL 11 ISSUE 8    ESTABLISHED IN 2000    AUGUST 2011**  
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MAFCA AWARD WINNING NEWSLETTER, 2002-2009  
OLD CARS WEEKLY GOLDEN QUILL AWARD 2004, 2010



**"Al & Lizbeth's 31 Roadster & Bobby & Connie's 31 Pickup..."**

**Photo by Al Lugo; Cover Page by Al Lugo**

## **RIVER CITIES MODEL "A" FORD CLUB**

This newsletter is the official publication of the River Cities Model A Ford Club, a chapter of the Model A Ford Club of America. It is mailed monthly to all members in good standing. Dues are \$20.00 per year per family. Membership in the **MODEL A FORD CLUB OF AMERICA** is a requirement for membership in the River Cities Model A Ford Club.

### **CLUB OFFICERS:**

President  
Vice President  
Secretary & Benevolence  
Treasurer

Al Lugo  
Paul Singer  
Sharon Web  
Bettie Jackson

### **OTHER POSITIONS:**

Editor  
Tour Director  
Publicity  
Program Director  
Club Liaison  
Membership Director  
Awards Director  
Historian  
Scholarship Chairperson  
Car Show Director  
Mechanical Director

Bill Shirley  
VACANT  
Mickey Timbes  
John Robertson  
Jim Langley  
Jim Miller  
Howard Ruddick  
Mary Nelle Singer  
Connie Penny  
Bobby Penny  
Bob Jackson

**The River Cities Model "A" Ford Club permanent address is:**

**P.O. Box 342, Columbus, GA 31902**

All mail should be sent to the River Cities Model A Ford Club address above. Matters concerning the newsletter should be sent to the editor to insure timely publication.

### **FOUNDING MEMBERS:**

Jim Timbes Bob Smith Bobby Penny  
Mickey Timbes Al Lugo Robert Jackson  
\*Dan Palmer Lawrence Farrar Bettie Jackson  
Dan Diener Bill Buck (\*Deceased)

### **PAST PRESIDENTS:**

Jim Timbes- NOV 2000- DEC 2001 Bob Smith- DEC 2001- 2003  
Mickey Timbes- DEC 2003-2004 Jim Langley- DEC 2004 -2006  
Joe Spooner- DEC 2006-2008 Jim Langley- DEC 2008- 2009  
Jim Timbes- DEC 2009-2010

## The President's Corner...



**B**y the time you read this Newsletter we will have participated in two "modern car" tours. Members requested no "A" tours during the very "hot months". The Muscle Car Museum was a great tour. The museum has the best collection of Muscle Cars in the Nation and an extensive collection of Neon and other automobile signs. The weather was great and the trip was very pleasant. Only TWO members attended and others missed a great tour. At the time of this writing the tour to the Model A Swap Meet had not taken place. As of this writing only THREE people were signed up and one was not a member.

**I** am very happy to report that we have a Newsletter Editor. Bill Shirley has volunteered to become the Newsletter Editor. He will continue to publish a Newsletter which will only appear in the Club Website. No Newsletters will be copied or sent. Some members will continue to provide pages or material. I would like to encourage as many members to contribute material to Bill.

**T**hank you to Mike Moyer for his great presentation on Health and

Wellness. Mike did a great job on a topic that applies to all of our members.

**W**e received another great suggestion to have a club Librarian, who can, on a time schedule, lend a book you may want to read. Jim Langley provided the suggestion and has agreed to share his extensive collection and Al will do the same. Both members have agreed to provide a list of their book collections to be published in the Club Website, in the near future.

**T**his is your club; get involved, and participate...

See you at the meeting,

AL

**"IF YOU THINK OF  
STANDARDIZATION AS  
THE BEST YOU KNOW  
TODAY, BUT WHICH IS TO  
BE IMPROVED  
TOMORROW; YOU GET  
SOMEWHERE."**

**Henry Ford**

(Quote Provided by Joe Spooner)

## UP COMING EVENTS

### August

**5<sup>th</sup>, Board of Directors meeting**

**13<sup>th</sup>, GA Chapter Model A Swap Meet & Cofer Collection**

**18<sup>th</sup>, River Cities Model A Club Meeting**

### September

10<sup>th</sup> International Model A Ford Day

15<sup>th</sup> River Cities Model A club Meeting

### October

1<sup>st</sup> Lagrange Car Show (tour to Show)

### CRUISE EVENINGS

Every 1<sup>st</sup> Tuesday     Cooks Hot Dog on Miller & Airport Thru Way

Every 2<sup>nd</sup> Tuesday     El Carrizo on Whittlesey Blvd.

Every 3<sup>rd</sup> Tuesday     Jason Deli

Every 4<sup>th</sup> Tuesday     Fudruckers

Every 2<sup>nd</sup> Saturday     Opelika Home Depot

Every 4<sup>th</sup> Saturday     Steak and Shake (Bradley Park Drive)

Nov 30- Dec 4         2011 MAFCA National Awards Banquet

## Model A Trivia

### Model A Ford Quick Facts:

- 4,849,340 Model A Fords were produced in the USA
- The Model A was the first production car furnished with a safety glass windshield as standard equipment
- The first Model A produced was given to Thomas Edison
- Model A's were produced in Russia from 1932 to 1936 as the "Gaz"

### Model A Timeline

- December 1927, first Model A Sold
- 1928 Chevrolet outsold Ford, 1.1 million to 600,000
- 1930, a five passenger Phaeton was priced at \$440
- 1931, April 14th, the 20 millionth Ford was produced
- March 1932, Model A Ford Production ended

### Model A Advertising Slogans

- "An easy car for a woman to drive"
- "Greater even than its beauty, is the reliability of the new Ford"
- "Everything you want or need in a modern automobile"

## July Meeting Minutes

July 21, 2011

### **Opening:**

The regular meeting of The River Cities Model A Ford Club was called to order at 6:00 pm on July 21, 2011 at the Woodman of The World Lodge by President Al Lugo. He then led the group in The Pledge of Allegiance. He welcomed the return of Anna Wright, Rickie Robertson, and the Moye's; Mike, Kyle and Christine the blessing was given by Jim Timbes and all proceeded to the buffet.

### **Present:**

Paul and Mary Nelle Singer, Dick Noxon, Glen Williams and Cindy, Al Lugo, Steve Carlisle, Howard Ruddick, Bobby and Connie Penny, Don and Evelyn Carlisle, Joe and June Spooner, Buddy Graves, Bob and Bettie Jackson, Mike Alexich, Bill & Louann Buck, Jim and Mickey Timbes, Jim Langley, Jim Miller, Neil La Clair, Russell Lester, Gary & Sheila Collins, Bill Shirley, John & Rickie Robertson, Mike, Kyle & Christine Moye, Anna B. Wright, Sharon Webb.

### **Approval of Minutes:**

The minutes of the previous meeting were unanimously approved as written in the newsletter.

### **Treasurers Report:**

The treasurer's report was read by Bettie Jackson. John Robertson made a motion to approve the treasurer's report. Don Carlisle seconded the motion and the members unanimously approved.

### **Old Business:**

From the Suggestion Box a suggestion was written to create a club library and appoint someone the librarian to keep a list of available materials and check these materials out to club members. Jim Langley and Al Lugo have a large volume of magazines and books which they have agreed to catalog and make available in such a manner.

The Tour to the Muscle Car Museum in Alex City is scheduled for this Sat (July 23, 2011) We will be meeting at Glenwood School at 9:15a and leave at 9:30a. We need a final head count tonight. Admission is \$10 and the group will plan to have lunch at one of the local restaurants. The next tour is scheduled for the GA Chapter Model A Ford Parts Swap Meet and Cofer Collection on Saturday August 13, 2011 in Tucker Georgia. We plan on meeting at St Marks Church at 8:30a and have lunch at the site. The Signup sheet was circulated.

### **New Business:**

Al announced that the new web site is up and running and that it includes the newsletter now. The web site is: [www.rivercitiesrunningboard.com](http://www.rivercitiesrunningboard.com). Technical articles and club calendar of activities are posted. We have the site set and paid for 2 years. The website will maintain privacy of the members and not show any personal information. Any information you want submitted will need to be directed to the web master located off the site. The newsletter has been added to the site and can be printed from it. Because a

newsletter editor has not been established the newsletter on the web site has been initiated. Mickey Timbes made a motion to continue with the newsletter on the website. John Robertson seconded the motion and it passed unanimously by a show of hands. For those not having access to the web site members may choose to make a copy of the minutes to bring to the club meeting and share with them.

Al announced that there will be no Board meeting for August unless it is needed.

The International Model a Day is set for September 10, 2011. Bobbie Penny is making arrangements for this and will report back at the next club meeting.

Upcoming car shows: Oct 1: The La Grange Car show and Oct 29 the Buena Vista Car Show. Let's get out and show our support for these 2 great events. The next Workshop will be "Brakes, according to Henry Ford" Oct 8 at Bob Jackson's garage.

**Reports from Committee Chairpersons:**

**Car Show:** Nothing to report.

**Programs:** John Robertson states that next month Al Lugo will be giving a surprise presentation. Stay tune for that!

**Publicity:** Mickey Timbes states she submitted some news from the club to the Restore magazine.

**Historian:** Nothing to report.

**Scholarship:** Nothing to report.

**Membership:** Nothing to report.

**Awards:** Nothing to report

**Mechanics:** Nothing to report

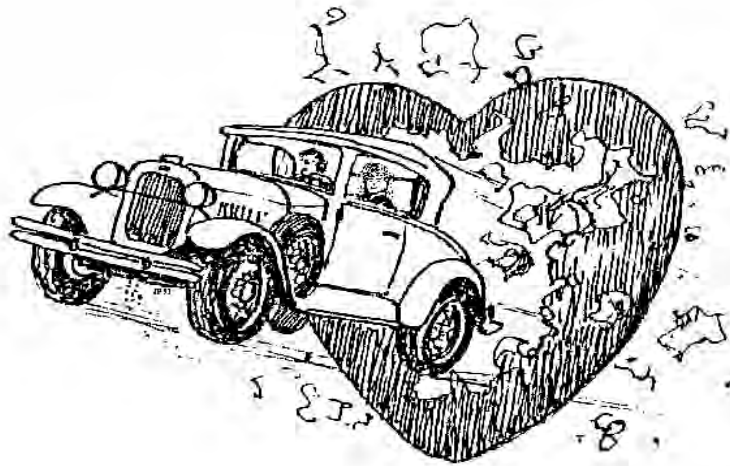
**Program:** (Note: The program was planned to be delivered at the beginning of the meeting but due to technical problems the presenter, Mike Moye, had to work to try to get his computer program to run) John Robertson presented Mike Moye as the presenter speaking on "You and Your Health" Because he was unable to get his computer slide show to work he had to do his presentation from memory but he had a number of wonderful gems of wisdom. He spoke of how people have changed over the years in their level of activity and diet. Henry Ford thought exercise was "bunk!" He was believed to say "Healthy people don't know about it and sick people should not do it!" In the depression people could not afford much food so to enhance food that was available they began adding sugar in the 1930's the average person intake was 3200-3500 calories per person. Big farms began buying out the little farms. Activity started to decrease. Jack La Lane opened the first prototype gym. At that time men's average height was 5'8"-5'9" and weight was 130-140 pounds. Now, the average weight for a man is 191 pounds. Mike gave out the articles "Let's eat for the health of it" and "The exercise Activity Pyramid". He also demonstrated some simple movements we can do to passively exercise and achieve strength training. The program was enjoyed by all!

**50/50 DRAWING:** The winner from the drawing for the 50/50 was Micky Timbes.

**Adjournment:**

Meeting was adjourned at 7:45pm

Minutes submitted by: Sharon Webb



### HAPPY ANNIVERSARIES

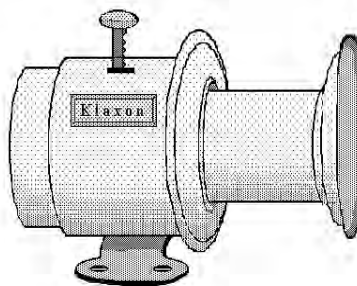
AUGUST 2- Donnie & Debbie Morrison

AUGUST 23- Brad & Joy Whitaker

### HAPPY BIRTHDAYS

AUGUST 4- Nancy Palmer

AUGUST 9- Joe Carter



AUGUST 10- Linda Miller

AUGUST 22- Bettie Jackson

AUGUST 22- Burton Williams

AUGUST 28- Randy Baker